

Burnett Ave Baptist Church
Wednesday Night Bible Study, May 20, 2026
Lesson: Knowing When To Let Go
Minister Sabrina Acheampong, Facilitator

Scripture: John 16:1-11

1. *It's time to let go when that which you're leaving is* _____

_____.



_____.



_____.

2. *It's time to let go when the thing you're holding on to* _____.

3. *It's time to let go when there is* _____.

_____ is a dysfunctional relationship dynamic where one person
excessively relies on another for validation or self-worth.

You can identify this relationship if there is/are...

a) _____ → You have a hard time _____.

b) _____ → Sacrifice your own well-being or values to
keep _____ or others _____

c) _____ → you always have to be in charge, _____
_____ and fix people and situations

d) _____ → you value yourself based on how much
others need you

e) _____ → you stay in unhealthy situations because you
fear being _____.

4. *It's time to let go when it is* _____.

5. *It's time to let go when you need to* _____.

6. "I'm choosing **love**. That's why I'm let go."