

## **BSA-101 Bible Study Adults 101**

Burnett Avenue Baptist Church

Fall 2025

Wednesday 7:00-8:00 PM

Main Sanctuary

### **Prerequisites**

None

### **Instructor Contact**

Min. Sabrina Acheampong

Sabrina.youthdir@burnettavebapt.com

Office Hours: Wednesday after class or by appointment

### **Course Description**

This course is designed for you to effectively walk through understanding Christian scripture, aka the Bible, and to provide you with tools to help you navigate your spiritual journey. In this course, you will encounter reading the Bible in different versions (to broaden understanding), doing Hebrew and Greek word studies (to give cultural context), and reenacting scenes (to bring Biblical stories to life).

### **How Learning Happens**

In this course, you will learn to study the Bible through

1. Inquisitive reflection (asking deeper questions and reflecting on yourself)
2. Cultural immersion (diving into the world behind the text)
3. Repetition (encountering the same scriptures and ideas to establish rapport)
4. Active participation inside and outside the sanctuary
5. Doing the work (putting what you've learned into practice)

### **Learning Goals**

- A. To understand the nature of Biblical text (Narrative, Poetic, Prescriptive, Descriptive)**
- B. To develop a deeper theological understanding of God and faith in God**
- C. To effectively use tools for biblical analysis**
- D. To develop an intimate relationship with God through proper Biblical understanding**

### **Required Books**

Students are required to have ONE OF THE FOLLOWING books. (The edition does not matter).

Students must bring the Required book with them to every class:

#### **1. The Bible**

- a.** It can be in any version you like. The professor's version will likely vary between the *New International Version (NIV)*, *New Living Translation (NLT)*, *Amplified Bible (AMP)*, *New Revised Standard Version Updated Edition (NRSVUE)*, and the *\*Sabrina Version (SABV)\**

### **Recommended Books**

Some helpful resources for your spiritual journey or leisure are the books listed below. Each book applies spiritual and biblical principles to assist you in growing as a person and as a child of God.

1. **The Let Them Theory: A Life-Changing Tool That Millions of People Can't Stop Talking About** – Mel Robbins

(<https://a.co/d/eCfhVX0>)

*If you've ever felt stuck, overwhelmed, or frustrated with where you are, the problem isn't you. The problem is the power you give to other people. Two simple words—Let Them—will set you free. Free from the opinions, drama, and judgments of others.*

Learn how to:

- *Stop wasting energy on things you can't control*
- *Stop comparing yourself to other people*
- *Break free from fear and self-doubt*
- *Release the grip of people's expectations*

2. **The Supernatural Ways of Royalty: Discovering Your Rights and Privileges of Being a Son or Daughter of God** – Kris Vallotton and Bill Johnson

(<https://a.co/d/gDwIVXS>)

*Are you a prince or a pauper?*

*To experience the full inheritance that Jesus purchased at the cross, you must understand your royal identity. In this classic bestseller, Kris Vallotton and Bill Johnson denounce those strongholds of thought that have kept many Christians from enjoying their supernatural inheritance. They lovingly guide readers into a revolutionary understanding of who God says they are—royal heirs to the eternal Kingdom of God.*

*Step into your God-given destiny by dispelling the pauper mindset, uprooting the poverty mentality, and embracing royalty as part of your spiritual DNA!*

**Let Go of the Guilt: Stop Beating Yourself Up and Take Back Your Joy** - Valorie Burton

(<https://a.co/d/7o3hwle>)

*Through her signature self-coaching process, powerful questions, and practical research, Valorie Burton shows you how to:*

- *Recognize and overcome the five thought patterns of guilt*
- *Break the surprising habit that tempts you to subconsciously choose guilt over joy,*
- *Stop guilt from sneaking its way into your everyday decisions and interactions,*
- *Flip those guilt trips so you can keep others from manipulating you, and*
- *Stop setting yourself up for stress, anxiety, and obligation, and instead set yourself up for a life of joy and freedom*

**Resources**

**Blue Letter Bible App**

**Grading**

Occasionally, the professor will assign homework to prepare for the next session. Students must take it upon themselves to complete the assignment, whether or not it is collected. 9 times out of 10, the work assigned will assist the student's understanding of the course, themselves, or the Bible. If the student is insistent on receiving a grade and/or feedback, they can email the professor ([sabrina.youthdir@burnettavebapt.com](mailto:sabrina.youthdir@burnettavebapt.com)) directly requesting feedback.

**Quizzes**

There are several quizzes in this class that everyone must complete. They are **meant to be self-administered and closed-book (unless stated otherwise)**. Students should aim to score as high as possible.

**Course Schedule**

You can find all previous lesson worksheets online at burnettavebapt.com >EVENTS > BIBLE STUDY 2025 > [Select Sheet using Name or Date] and the live teaching on YouTube.

	<b>Date</b>	<b>Lessons</b>	<b>Resources included in Lesson</b>	<b>YouTube Links</b>
1	07/30	Here In Our Day/ Tackling Anxiety	<i>The Anxious Generation; Bible- Philippians 4:6-9</i>	<a href="https://www.youtube.com/live/hbc2pNTgv1A?si=ppWm0GjIMrCLtaaF">https://www.youtube.com/live/hbc2pNTgv1A?si=ppWm0GjIMrCLtaaF</a>
2	09/17	What Is Your Consecration?	<i>Bible- Judges 14</i>	<a href="https://www.youtube.com/live/EpNeHux6uHc?si=OV_BndotqGCTZ7x6">https://www.youtube.com/live/EpNeHux6uHc?si=OV_BndotqGCTZ7x6</a>
3	09/24	What Is The Quality of Your Consecration?	<i>Bible- Judges 15</i>	<a href="https://www.youtube.com/live/q3W5N1x2g-4?si=mdgMCGD5Bg3rtpQc">https://www.youtube.com/live/q3W5N1x2g-4?si=mdgMCGD5Bg3rtpQc</a>
4	10/01	When Anointed People Get a Little Reckless	<i>Bible- Judges 16</i>	<a href="https://www.youtube.com/live/CVv2Rm228A8?si=4PG5LxCN6HPCl5XO">https://www.youtube.com/live/CVv2Rm228A8?si=4PG5LxCN6HPCl5XO</a>
5	10/08	Delilah or Deliverance: Pick Your Poison!	<i>Bible- Judges 17</i>	<a href="https://www.youtube.com/like/DnOL5i7tfUQ?si=EryUIE7iHkS0EfpD">https://www.youtube.com/like/DnOL5i7tfUQ?si=EryUIE7iHkS0EfpD</a>
6	10/22	The Syllabus	<i>The Syllabus – 2 Timothy 2:15</i>	<a href="https://www.youtube.com/channel/UCRAaGZjfTgFc-9J5V1QlgIA">https://www.youtube.com/channel/UCRAaGZjfTgFc-9J5V1QlgIA</a>

**Course Policies**

**Attendance Policy**

- Be present.

**Policy on Late Work**

- No assignments will be accepted 2 weeks after the due date.

**Academic Honesty**

- Don't cheat.

**Special Accommodations**

- If you need extra help, let the professor know.

**Inclusive and Expansive Language**

- You may experience God through one lens, while another views God differently. We will embrace various versions of who God is, as long as they align with the Bible.

## **What Kind of Student Are You?**

**Homework: Read 2 Timothy 2:15 in 5 different versions and write 1 page highlighting the differences.**

- **Emphasize the differences in words between the versions and how it changes the meaning of the text**
- **Include what it means to you**